

**2009 Norman Regional Winter Games
Technical Package
VOLLEYBALL**

AGE CATEGORY:

Open to all persons 18 years of age and over as of December 31, 2008.

ELIGIBILITY:

The following individuals are not eligible to compete:

1. All men/women's university and college players who participated in the 2006-2007 or 2007-2008 seasons.
2. All current Tier 1 caliber registered men/women from the Open or "A" and the provincial/national qualification boxes on their men's/women's Volleyball Canada Team Registration Form. This means that players who are currently registered Tier 1 caliber in the co-ed leagues ARE eligible but players who are registered Tier 1 caliber in the men's or women's leagues ARE NOT eligible.
3. All current or former national team players who competed for Canada in the last three (3) years – 2005-2006, 2006-2007, 2007-2008.

TEAM COMPOSITION:

Male	Female	Coach/Manager	TOTAL
5	5	1	11

Coach/Manager are eligible to compete but must be included in the ten (10) players. Minimum number of players must be eight (8) registered (4 males/4 female) with six (6) players dressed and ready to play.

COMPETITION RULES:

- Volleyball Canada rules will apply including reverse co-ed rules selection.
- The net will be women's regulation height of 2.24 meters.
- At all times at least three of each sex must be on the court.
- Team's rotation must be M,F,M,F,M,F
- No two man (male) blocks allowed. However, a three (3) person block may occur but the females must be in the center of the block and she must be interpreted by the official as actively participating in the block.
- Men may only spike the ball from behind the line at the three (3) meter attack line. At take off, his feet must neither have touched nor crossed

over the attack line. After his hit he may draft in a land within the front zone.

- A male may, however, complete an attack hit from the zone if at the moment of contact any part of the ball is below the top of the net.

COMPETITION FORMAT:

Round Robin The number of pools depends on the number of teams that are entered.

Standings in each pool after the round robin will be determined by awarding one point for each game won. Points will not be awarded for matches won. If teams in the same pool have an equal number of points, the tie breaking procedure will be used to break the tie.

OFFICIALS:

All officials shall be certified with the Manitoba Volleyball Officials Association and the Manitoba Volleyball Association Inc. All minor officials (linesmen) must be the age of eighteen years as of December 31, 2008. Teams will be required to provide linesmen for Round Robin play however, linesmen will be provided for the playoffs.

EQUIPMENT:

Ball A leather 18 panel ball shall be used.
Teams must bring their own warm up balls.

Players
Attire Jerseys must be matching in colour with numbers on the back

TIE BREAKING FORMAT:

If two teams are tied at the end of the preliminary Round Robin (as per Volleyball Canada Rule Book):

1. The team having the best ratio of won/lost matches, considering matches between the tied teams, will be ranked higher.
2. The team having the best ration of won/lost games, considering matches played between the tied teams, will be ranked higher.
3. The team having the best ratio of won/lost games, considering all matches of the round, will be ranked higher.

4. The team having the best ratio of won/lost games, considering games played between the tied teams, will be ranked higher.
5. The team having the best ratio of points for/against, considering all games played during the round, will be ranked higher.
6. As determined by the Organizing Committee, example: extra game, toss of coin, etc.

1 does not apply because in 2-25 there may be a definite winner as there may be in the best of 2 of 3 or best 3 of 5. We are using games won/lost, not matches, to determine rankings.

FACILITY:

Dimensions

The playing court is a rectangle measuring 18x9 meters surrounded by a free zone that is a minimum of 3 meters wide on all sides. The roof ideally would measure 7 meters in height from the playing surface and must be free of any obstacles.

Playing Surface:

The surface must be flat, horizontal and uniform. It must not present any danger of injury to the players. It is forbidden to play on rough, slippery surfaces. The playing surface of the court must be of a light colour.

Lines on the Court:

All lines are 5 cm wide. They should be of light and difference colour from the floor and from any other lines.

Boundary Lines:

Two sidelines and two end lines mark the playing court. Both sidelines and end lines are drawn inside of the dimensions of the playing court.

Center Line:

The axis of the centre line divides the playing court into two equal courts measuring 9x9 each. This line extends beneath the net from sideline to sideline.

Attack Line:

On each court an attack line whose rear edge is drawn 3 meters back from the axis of the centre line, marks the front zone.