

## **Media Release**

### **Manitoba Coach selected for Canadian Para-cycling Camp**

**March 9, 2009**

Manitoba provincial cycling coach Jayson Gillespie has been selected as one of three coaches for the Canadian National Para-cycling Camp. The camp is being held from March 15-23rd in Orlando, Florida. Gillespie has five years experience coaching para-cycling athletes. The camp is being held to prepare athletes for the 2012 Paralympics in London.

#### BIO for Jayson Gillespie:

Jayson was been the Provincial Cycling Coach and Head Coach of the National Cycling Center in Calgary before moving to Manitoba. Through his role as Head Coach, Jayson gained experience in managing a high performance cycling program and coached some of Canada's best junior and senior national team athletes. In 2008, Jayson was appointed the assistant coach of the Canadian team competing at the Junior World Road Championships in South Africa. That team included Winnipeg cyclist Leah Kirchmann. He is also the coach of Brayden McDougall who competed in cycling at the recent Paralympics in Beijing. In addition to his cycling experiences, Jayson has an extensive academic background. With an Undergraduate degree and a Masters degree in Biology, and a half-completed exercise physiology degree, Jayson's in-depth understanding of sport science helps him develop world-class training programs. His certification as a level 3 coach helps him understand the principles of coaching and training.

A photo of Jayson is available upon request.

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