

AUGUST 25, 2009

Dobry dzień (Good day),

We had two major goals today. The first was to work on our race plan, focus on calls, and keep it simple. Our second goal was to be half a boat length up on Australia by 250m and a boat length up at 500m. We achieved all of those goals. We came first by beating Australia by 10s. Ireland was third, Russia fourth and Poland fifth. We had the fastest time of the two reps, but the our heat had the slower boats. Germany won the second heat (one second slower than our time), and Ukraine came second. We will see both these boats in the final.

The race still wasn't our best. We need to work on our timing, and get a little more aggressive. We have more in us, which is exciting as we prepare to meet Australia, Ukraine, and the big contenders Germany, Great Britain, and Italy, in the final. The final is on Saturday at 11:00 am, so 4 am in Wpg, and 2 am in Vic. We have a few days to get some work in, and enjoy ourselves.

Thanks for all the messages! I really appreciate all the encouragement!

Until Saturday!

Meghan