

## Kevin Beauchamp

Kevin Beauchamp, MA works as a professional counsellor and is the owner of Choice Wellness Counselling. Kevin received his Master of Arts in Counselling from Providence Theological Seminary in 2013. He works primarily with adults who are feeling stuck in various areas of life. His goal is to help them gain a sense of clarity within the challenges they face, identify areas of untapped strength to help them achieve their goals, and ultimately live full lives. Along with counselling, Kevin has experience developing and presenting workshops for various groups that promote general wellbeing. Kevin was also an instructor at Red River College, teaching Psychology. As a teen and young adult, he spent 8-9 years volunteering within the skateboard community. During this time, he mentored young skateboarders and developed skate camps to promote skill development. Currently, in his free time Kevin focuses on spending time with his family, which includes his wife, 10-month-old daughter, and their English Bulldog named Emma. Kevin also has a passion for running and training for triathlon.

