

Jacqueline Mazur

Jacqueline is a Coach and Athlete Development Coordinator for Sport Manitoba's southern region, where she works to improve the performance of the region's top athletes through strength and conditioning and high-performance planning. She also leads several coach seminars and professional development courses for coaches in the region. Graduating from the University of Manitoba with a Bachelor's Degree in Kinesiology, Jacquie has over 5 years' experience working with elite level athletes in a wide variety of sports, is a certified Strength and Conditioning Specialist, a Learning Facilitator for the NCCP, and is a certified competition coach for Special Olympics Powerlifting. With a focus on creating well-rounded athletes, Jacquie strives to pull performance potential out of everyone she works with, and encourages all individuals to embrace stronger, healthier and happier lifestyles.

