

Bison Transport Sport LeadHERship Conference

Gimli | Oct. 4-5, 2019

Friday, Oct. 4

6 p.m. – Registration

7 p.m. – Sessions sponsored by Noventis Credit Union

▶ • **Session A – The True Sport Principles (Grant McManes and Carolyn Trono)**

True Sport is Canada's commitment to value-based and principle-driven sport. The Canadian Centre for Ethics in Sport will present an overview of True Sport, why it's important, how it creates good sport, and how to implement the True Sport Principles into sport programming.

▶ • **Session B – Coaching Female Millennials (Dean Lowrie)**

What is the latest generation of athletes wanting and needing from their coaches and how can we give them what they want in a meaningful, consistent, and productive environment?

9 p.m. – Networking at the New Iceland Heritage Museum (refreshments sponsored by Fun in the Sun)

Saturday, Oct. 5

7:30 a.m. – Aqua Fitness with Jan Keryluk (Lakeview Gimli Resort Indoor Pool)

8 a.m. – Registration and Continental Breakfast

9 a.m. – Opening Remarks and Keynote Speaker Introduction by Bison Transport

▶ **9:15 a.m.** – Morning Keynote Speaker: Cindy Klassen (6-time Olympic medallist)

10:15 a.m. – Nutrition Break

▶ **10:30 a.m.** – Morning Sessions

• **Session A – Quality Communication: How to Create a Successful Exchange (Megan Foster)**

An interactive workshop designed to build confidence in conversation skills. Discover your preferred communication style and ways to build rapport and explore situations using different methods.

▶ • **Session B – Helping True Sport LIVE in Your Community (Jocelyn MacLeod)**

Developing sport in our communities has a tremendous impact on building healthy communities, especially happy and healthy children and youth. This session will share and discuss practical, easy-to-implement ways to incorporate these value-based principles into your programs.

▶ **12 p.m.** – Lunch and Panel Discussion – Engaging Females in Sport, from Athletes to Leaders

• Michelle Sawatzky-Koop, Janet McMahon, Kirby Cote, Kathy Stoesz and Laura Fridfinnson

1:30 p.m. – Afternoon Sessions

▶ • **Session A – Importance of Mental Well-Being (Dr. Adrienne Leslie-Toogood)**

Dr. Adrienne Leslie-Toogood will be diving into strategies for living a meaningful life and how to incorporate these topics into your everyday routine.

▶ • **Session B – The Importance of Mentors and Positive Role Models (Hailey Unger and Haylee O'Neill)**

Explore the importance of mentorship in sport and the positive impact it has on one's life. Hear stories from coaches in varying stages of life and how their mentors shaped their future on and off the field of play.

3 p.m. – Bison Transport Networking Break with refreshments and interactive experience

▶ **3:15 p.m.** – Afternoon Keynote Speaker: Dr. Melanie Gregg – “Breaking the Glass Ceiling”

4:15 p.m. – Closing Remarks

Register:
sportmanitoba.ca/sport-leadership-conference

