

Kids Summer Program Schedule Ages 8-9 Week 1

Schedule:	Monday	Tuesday	Wednesday	Thursday	Friday
8:30 - 9:00		Drop Off			
9:00 - 9:30		Building Tour	Warm up Games		
9:30 - 11:30		Basketball	Volleyball	Badminton	Ultimate
11:30 - 12:00		Lunch			
12:00 - 12:30		Sports of the day education			
12:30 - 1:30		Reaction and Movement Games			
1:30 - 2:00		Sports of the day education			
2:00 - 4:00		Fencing	Judo	Cricket	Curling
4:00 - 4:30		Pickup			

Kids Summer Program Schedule Ages 8-9 Week 2

Schedule:	Monday	Tuesday	Wednesday	Thursday	Friday
8:30 - 9:00		Drop Off			
9:00 - 9:30	Building Tour	Warm up Games			
9:30 - 11:30	Futsal	Basketball	Volleyball	Badminton	Ultimate
11:30 - 12:00		Lunch			
12:00 - 12:30		Sports of the day education			
12:30 - 1:30		Reaction and Movement Games			
1:30 - 2:00		Sports of the day education			
2:00 - 4:00	Softball	Fencing	Judo	Cricket	Curling
4:00 - 4:30		Pickup			

Kids Summer Program Schedule Ages 10-11 Week 1

Week 1	04-Aug	05-Aug	06-Aug	07-Aug	
<u>Schedule:</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
8:30 - 9:00		Drop Off			
9:00 - 9:30		Building Tour	Warm up Games		
9:30 - 11:30		Reaction and Movement Games			
11:30 - 12:00		Lunch			
12:00 - 2:00		Fencing	Judo	Cricket	Curling
2:00 - 4:00		Basketball	Volleyball	Badminton	Ultimate
4:00 - 4:30		Pickup			

Kids Summer Program Schedule Ages 10-11 Week 2

Week 2	10-Aug	11-Aug	12-Aug	13-Aug	14-Aug
<u>Schedule:</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
8:30 - 9:00		Drop Off			
9:00 - 9:30	Building Tour	Warm up Games			
9:30 - 11:30		Reaction and Movement Games			
11:30 - 12:00		Lunch			
12:00 - 2:00	Softball	Fencing	Judo	Cricket	Curling
2:00 - 4:00	Futsal	Basketball	Volleyball	Badminton	Ultimate
4:00 - 4:30		Pickup			

Kids Summer Program Schedule Ages 12-13 Week 1

Week 1

Schedule:

	04-Aug	05-Aug	06-Aug	07-Aug	
	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
8:30 - 9:00		Drop Off			
9:00 - 9:30		Building Tour	Warm up Games		
9:30 - 11:30		Fencing	Judo	Cricket	Curling
11:30 - 12:00		Lunch			
12:00 - 2:00		Basketball	Volleyball	Badminton	Ultimate
2:00 - 4:00		Reaction and Movement Games			
4:00 - 4:30		Pickup			

Kids Summer Program Schedule Ages 12-13 Week 2

Week 2

Schedule:

	10-Aug	11-Aug	12-Aug	13-Aug	14-Aug
	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
8:30 - 9:00		Drop Off			
9:00 - 9:30	Building Tour	Warm up Games			
9:30 - 11:30	Softball	Fencing	Judo	Cricket	Curling
11:30 - 12:00	Lunch				
12:00 - 2:00	Futsal	Basketball	Volleyball	Badminton	Ultimate
2:00 - 4:00	Reaction and Movement Games				
4:00 - 4:30	Pickup				