



JOIN OUR TEAM!

Fitness Instructors – Land (Group Fitness/Strength/Tabata/Cycling)

Part Time & Substitutes, \$25 class

Various hours – day, afternoon, evening & weekends

South Branch, 5 Fermor Avenue

Are you a health and fitness enthusiast? Passionate about instructing group exercise classes? As part of the Y team, you will play an important role in providing encouragement, motivation and support to members to help them achieve their fitness, health and wellness goals.

Are you the right fit?

- Able to plan/develop/deliver a variety of quality, safe and fun exercise classes
- Ability to lead and engage participants
- Able to build positive relationships with members, staff and volunteers

What else do you need?

- Certified Fitness Instructor through YMCA, MFC or equivalent
- 6-12 months experience in fitness instruction
- Emergency First Aid and CPR C certification
- Strong communication, organization and time management skills

Why work at the Y?

- You make a difference in a member's life every day
- Training opportunities for growth and development
- Complimentary individual Y membership
- Great people and dynamic work environment

Submit your cover letter and resume by January 31, 2020 to:

Ryan Phillips, Adult Health and Fitness Program Coordinator at ryan.phillips@ymanitoba.ca OR

Derek Poplawski, Health and Fitness Program Director at derek.poplawski@ymanitoba.ca

The YMCA-YWCA of Winnipeg is committed to providing a safe environment for children and vulnerable individuals. All applicants will be thoroughly screened through a review process including Police Record Checks with Vulnerable Sector Search and Child Abuse Registry Checks.

We thank you for your interest; however, only candidates selected for an interview will be contacted.

Alternate formats available upon request

