

Kids Summer Program Schedule Ages 8-9 Week 1

	4-Aug	5-Aug	6-Aug	7-Aug	
<u>Schedule:</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
8:45 - 9:00		Drop Off Court 1			
9:00 - 9:30		Building Tour	On the Spot Warm up and Stretch		
9:30 - 11:30		Basketball	Volleyball	Badminton	Ultimate
11:30 - 12:00		Lunch			
12:00 - 12:30		Sports of the day education			
12:30 - 1:30		Reaction and Movement Games			
1:30 - 2:00		Sports of the day education			
2:00 - 4:00		Fencing	Tennis	Cricket	Curling
4:15 - 4:30		Pickup			

Kids Summer Program Schedule Ages 8-9 Week 2

	10-Aug	11-Aug	12-Aug	13-Aug	14-Aug
<u>Schedule:</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
8:45 - 9:00		Drop Off Court 1			
9:00 - 9:30	Building Tour	On the Spot Warm up and Stretch			
9:30 - 11:30	Flag Football	Basketball	Volleyball	Badminton	Ultimate
11:30 - 12:00		Lunch			
12:00 - 12:30		Sports of the day education			
12:30 - 1:30		Reaction and Movement Games			
1:30 - 2:00		Sports of the day education			
2:00 - 4:00	Softball	Fencing	Tennis	Cricket	Curling
4:15 - 4:30		Pickup			

Kids Summer Program Schedule Ages 10-11 Week 1

Week 1	4-Aug	5-Aug	6-Aug	7-Aug	
<u>Schedule:</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
8:30 - 8:45		Drop Off Court 2			
9:00 - 9:30		Building Tour	On the Spot Warm up and Stretch		
9:30 - 11:30		Reaction and Movement Games			
11:30 - 12:00		Lunch			
12:00 - 2:00		Fencing	Tennis	Cricket	Curling
2:00 - 4:00		Basketball	Volleyball	Badminton	Ultimate
4:00 - 4:15		Pickup			

Kids Summer Program Schedule Ages 10-11 Week 2

Week 2	10-Aug	11-Aug	12-Aug	13-Aug	14-Aug
<u>Schedule:</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
8:30 - 8:45		Drop Off Court 2			
9:00 - 9:30	Building Tour	On the Spot Warm up and Stretch			
9:30 - 11:30	Reaction and Movement Games				
11:30 - 12:00	Lunch				
12:00 - 2:00	Softball	Fencing	Tennis	Cricket	Curling
2:00 - 4:00	Flag Football	Basketball	Volleyball	Badminton	Ultimate
4:00 - 4:15	Pickup				

Kids Summer Program Schedule Ages 12-13 Week 1

Week 1	4-Aug	5-Aug	6-Aug	7-Aug	
<u>Schedule:</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
8:15 - 8:30		Drop Off Court 3			
9:00 - 9:30		Building Tour	On the Spot Warm up and Stretch		
9:30 - 11:30		Fencing	Tennis	Cricket	Curling
11:30 - 12:00		Lunch			
12:00 - 2:00		Basketball	Volleyball	Badminton	Ultimate
2:00 - 3:45		Reaction and Movement Games			
3:45 - 4:00		Pickup			

Kids Summer Program Schedule Ages 12-13 Week 2

Week 2	10-Aug	11-Aug	12-Aug	13-Aug	14-Aug
<u>Schedule:</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
8:15 - 8:30		Drop Off Court 3			
9:00 - 9:30	Building Tour	On the Spot Warm up and Stretch			
9:30 - 11:30	Softball	Fencing	Tennis	Cricket	Curling
11:30 - 12:00		Lunch			
12:00 - 2:00	Flag Football	Basketball	Volleyball	Badminton	Ultimate
2:00 - 3:45		Reaction and Movement Games			
3:45 - 4:00		Pickup			